

## What's Trending? Alcohol use During COVID-19

## COVID-19 has increased overall alcohol sales and consumption nationwide

Online sales of alcohol have **DOUBLED**3%

6%

Current

**Drinking** consumption increased considerably more for adults with children

3% 12% **\*\*\*** 

Pre-COVID-19

**Binge Drinking** consumption increased considerably more for adults with children

Percent Change in Exceeding Drinking Guidelines— February to April, by Census Region



Percent Change in Binge Drinking—February to April, by Census Region



34

States have changed policies around "on-demand" alcohol sales



## What can Communities do?



DATA



KNOWLEDGE



Assess your community to find out what's going on, where it's happening, why it's happening and why in your community. Complete environmental scans to answer these questions.

Educate yourself and your community about the changes in alcohol sales since the start of COVID-19.

Advocate for policy change to limit access of alcohol throughout your community by limiting to-go options and ensuring IDs are being checked. Contact SAMHSA's national helpline at 1-800-662-HELP.

## Questions? Email: training@cadca.org

Disclaimer: CADCA's "What's Trending" infographic series is solely intended as an informational resource for prevention practitioners and coalition members to become aware of the latest trends within the field. All data and statistics provided are properly sourced and cited: (1) Hancock, E. (2020). US Alcohol Sales Ride at Highest Rate since Lockdown Peak. Retrieved from https://www.thedrinksbusiness.com/2020/05/may-us-alcohol-sales-rise-at-highest-rate-since-lockdown-peak/. (2) Pomranz, M. (2020). Will To-Go Cocktails Stick Around After COVID-19 Is Gone? Retrieved from https://www.foodandwine.com/news/coronavirus-changed-alcohol-laws. (3) Barbosa, C., Cowell, A. J., & Dowd, W. N. (2020). Alcohol consumption in response to the COVID-19 pandemic in the United States. Journal of Addiction Medicine. https://doi.org/10.1097/ADM.00000000000000767. (4) Koob, G. Ph. D, (2020). Impact of COVID 19 on Alcohol Use. NIAAA. https://www.youtube.com/watch?v=pWxpzmVzZKU&feature=youtu.be.



